

When printing this knot, it should measure 5 3/8" across the top, so it will wrap around a toilet paper tube. I usually place clear tape across the nail holes to prevent the template from ripping as nails go in and out. Fill the tube with newspaper, place a pin at every doughnut, start anywhere, and follow the pattern. The center has an over two/under two crossing so it will lay flat. When it is over one/under one at the center, it gets lumpy when you tighten it up. The photo of the finished knot is in my photos in the gallery.